

HAPPY TALK

Editor:

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GREATER ATLANTA VOICE MASTERS *** September 2008

If you have received this newsletter in error or no longer wish to receive it, please contact the editor.

Message from the Editor

The former editor Melissa Thompson has decided to retire as editor after two faithful years of putting out our newsletter. She has asked me to take over for her and I am more than happy to do so. We owe Melissa a huge debt of gratitude for her tireless efforts and selfless dedication to this Herculean task. Please feel free to convey your feelings to her every time you see her, She has expended a lot of time and hard work over the last two years and that has taken time away from her husband and daughter, who have helped her along the way. No one will ever know the sacrifices that the three of them have made for all of us and our "Happy Talk". Therefore to you three we all would like to extend our heartfelt appreciation and gratitude and thank you. Cudo's for a job well done.

On to the business at hand. I will endeavor to do half as good a job as Melissa and the others before me have done. In my humble way I will try to carry on the traditions they have set forth and maybe add a few new wrinkles as we go forward. If any of you have any suggestions, feel free to contact me with them and or any articles that you would like to submit will be greatly appreciated. I hope to make this a very interesting newsletter, one that each of you will anticipate with joy and excitement each month. One that you can't wait to get your hands on, one that you will want to participate in, and finally one that you will want to circulate to all your families and friends and enemies, and all LARY'S everywhere. I hope that "Happy Talk" will become the official speech reference for all of us who can no longer talk as well as we used to. Perhaps we can say things here and be heard loud and clear by all who dare to pick up one of our issues. Thank you and God Speed

PRESIDENTS COLUMN by Janice Hayes

President's Corner

I am looking forward to a successful new year at the Great Atlanta Voice Masters. September has always been one of my favorite months. So please come and join in on the fun, good treats and fellowship. We have a wonderful guest speaker lined up Merly Kaufman. She is a SLP from Emory. I have know Merly from the Yul Brynner Head and Neck Foundation and I have had the pleasure of doing some Tobacco Ed Presentations with her. Merly will be going to the IAL Annual Meeting in Little Rock so I think she will be speaking about the IAL AM. I hope everyone comes!

I am asking every one that enjoys the Happy Talk to please make a donation to: GAVM (Greater Atlanta Voice Masters) % Tina Long 2051 Little River Drive, Suwanee , Ga. 30024. The Newsletter is getting more and more expensive every year and the donations have been getting less and less. Also anyone that would like to share there talents and help out in any way with the GAVM, please email me at jhaze1071@aol.com

I am sorry to say I will not be making the September 11th meeting. I have just been diagnosed with breast cancer. The good news is that is low grade. I will have surgery at Northside Hospital on the 4th of September. Please keep me in your prayers. Boris Jovanovic is happy to conduct the meeting. Tina Long our IAL President will also make the meeting. I plan on making it to the October 10th meeting!

I may have cancer, but cancer doesn't have me!

Janice Hayes
President of Greater Atlanta Voice Masters

Laryngectomee Facts to remember

Coughing

Many of us make the mistake of thinking that our coughs are a sign of trouble, like it was before we had our operations. It is in fact right the opposite. The more we cough now, the healthier respiratory system we probably have. Coughing up mucous coats and lubricates our lungs as it comes up and removes contaminants from our lungs. The mucous coating also helps to keep bacteria and viruses from entering into our bloodstreams through our lungs. This mucous coating also helps protect our lungs from dry and cool air. Coughing up a mostly clear flow of mucous often during each day should be sought after and hoped for as it is a sign of our lungs and respiratory adjusting and functioning properly. This coughing up mucous is our new "NORMAL", so quit cussing it and be happy about it.

OUR LOVED ONES

Jewell Fuller

On Saturday, July 5th, Jewell slipped away to be with her Maker. Jewell was a longtime member of GAVM and an active participant on the Web Whisperers Internet network. She was 76 years young and very active in her neighborhood of East Point, Georgia. Jewell spent time serving in the Police and Fire Departments. Jewell was a member of "The Saints Alive" group at the East Point Christian Church where she was a member for many years. Jewell is survived by three sons, one daughter, one sister-in-law, 10 grandchildren and many nieces and nephews. Jewell's visitation was attended by many friends and loved ones including my wife, Emily, my daughter, Sydney, and myself. Emily had known her since childhood, while I had talked with her on Web Whisperers and met her at the GAVM meetings. By all accounts she was an active, vibrant, wonderful and giving person and I found her to be so in the short time that I knew her. At her visitation, she looked lovely and the family should be very proud of her appearance that night. The fact that she had one of her EL's in her hand was a stroke of genius and as normal looking on her as a ring or bracelet on another woman. Jewell Fuller will be missed by everyone that had the good fortune to know her and crossed paths with her. The family stated that donations in her name could be made to: East Point Christian Church Renovation Fund, 1706 Washington Road., East Point, Ga. 30344.

Sunil Kapahi

Next Meeting on Thursday night, September 11th @
7:30 P.M. Please be there! You are all welcome!

Letter from Borislav Jovanovic

Hi guys,

As you probably know, Janice has been diagnosed with breast cancer.. Janice will have surgery on September 4th and after that chemo therapy.

The good news is that is cancer has been detected early and is not spreading. She is in good mood and she will be OK. Today she wrote to me: "I may have cancer but cancer doesn't have me"... Thats our Janice.

She is a born fighter and I'm sure she will do it again.

Janice asked me to lead the September meeting. I think we should put together some visitor's packages because we are out of them. It will be nice if we can put together 50 packages. I can order 50 shower guards from Dean Rosecrans if I get the treasurer's approval. I also can update

"president's letter" and make 50 copies. It will also be good if we can have 50 foam filter samples, 50 letters about Relay For Life 2009, 50

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Please let me know what you can do to help us to put together a good visitor's kit. Can you contact some of the suppliers or ... Think about it.

Fuzzy will be doing the next issue of Happy Talk. It will be helpful if our newsletter will be out around September 1st... Thank Fuzzy. I can't wait to see your first editorial...

As usually Sheerly will take care of refreshment for the September meeting. She is the best. If anybody wants to help her, please contact her at kerwathc@bellsouth.net

Let's go and organize a good September meeting.

Please keep our Janice in your thoughts and prayers. She will be with us in October and we will celebrate her comeback.

Thanks,

Boris